



Factors Causing Domestic Violence

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Abstract

This research aims to find out what factors are the causes of domestic violence (CDV). Domestic violence is all forms of violence committed against a partner in both verbal and non-verbal forms. The law that regulates domestic violence, which is stated in Law No. 23 of 2004 concerning the Elimination of Domestic Violence (UUPKDRT). This research uses a literature study approach to uncover findings from previous sources related to domestic violence. Literature review using Google Scholar for the last 10 years from 2015-2025. Domestic violence often occurs against more vulnerable individuals, especially women, and can be perpetrated by spouses or other family members. Domestic violence includes four types, namely physical, psychological, sexual, and neglect violence, with detrimental effects on victims both physically and mentally. Some of the factors that cause domestic violence are individual, couple, socio-cultural, and economic.

Keywords: *Factors Of Domestic Violence, Domestic Violence.*

Introduction

Domestic violence is not a new social reality from a sociological point of view. The problem has long occurred and is still ongoing today. Domestic violence can take many forms, including physical, psychological, sexual, and neglect, and it affects women in many different ways. Violence against women is a global human rights and public health issue. According to the World Health Organization (WHO), 30% of women in the world have been victims of physical or sexual violence, either by a partner or another person. Between the ages of 15 and 49, 1 in 4 women will be a victim of physical and/or sexual violence from a partner. The World Health Organization (WHO) reports that partners are responsible for 38% of all female homicides worldwide. Apart from

intimate partners, 6% of women worldwide have reported being victims of sexual violence.¹

Domestic violence refers to any form of violence that occurs in the context of an intimate relationship, such as between a married couple, a dating couple, or other family members. It includes behavior that may cause physical, sexual, psychological suffering, or neglect within a domestic setting. Types of domestic violence can include Emotional, physical, sexual, and economic abuse are all part of domestic violence. This can include blows, threats, verbal abuse, denial of basic needs, financial control, and other forms of oppression and manipulation.²

This complex form of domestic violence requires regulations that protect victims, especially women who are more vulnerable to becoming victims. So it is very necessary to have a law that can protect victims of domestic violence, especially against women who are more often victims of domestic violence. Listed in Article 5 of Law No. 23 of 2004 concerning PKDRT regarding any physical violence, psychological violence, sexual violence or domestic neglect. The law aims to provide protection, special handling, assistance by social workers, and spiritual guidance services for victims of domestic violence. Law enforcement against perpetrators of domestic violence against wives can use legal rules, both in the Criminal Code (KUHP), Law Number 1 of 1974 concerning Marriage, and the PKDRT Law.³This provision strengthens the state's efforts to provide legal guarantees to victims, especially women, to obtain justice and protection.

Domestic violence as intended in Law Number 23 of 2004, in Chapter 1 regarding General Provisions Article 2 which reads that every action against a person, especially women, which results in physical, sexual, psychological, and/or domestic neglect, including threats to commit acts, coercion, or unlawful deprivation of independence within the scope of the household.⁴

¹ Rosma Alimi, and Nunung Nurwati. "Factors Causing Domestic Violence Against Women." *Journal of Research and Community Service* 2, no. 1 (2021): 1-3

²Supriyadi, T., Siburian, D. N., Meshani, G., & Ridho, M. (2024). Behind Closed Doors: Dynamics of Psychological Factors on the Occurrence of Domestic Violence in Women. *IJBITH Indonesian Journal of Business Innovation, Technology and Humanities*, 1(1), 150-162. page 151

³Manullang, S., & Yusuf, H. (2024). Analysis of Factors and Efforts to Overcome Domestic Violence by Husbands Against Wives and Children. *Journal of Intellect and Scholars of the Archipelago*, 1(2), 1022-1035.p 125

⁴Mohammad 'Azzam Manan. 2008. Domestic Violence in Sociological Perspective. *Journal of Indonesian legislation*, p. 10, Vol. 5 No. 3

The research titled “Understanding and Factors Causing Domestic Violence: A Literature Review”, domestic violence can occur in various types of families regardless of age, gender, or education level. Factors that influence the occurrence of domestic violence include individual, family, and social environment aspects. The impact felt by victims of domestic violence includes physical injuries, psychological disorders, and social isolation. In an effort to deal with domestic violence, family law plays a role in taking preventive measures, handling cases, and supporting the recovery process of victims.⁵ Based on this background, this research aims to find out what factors cause domestic violence (CDV).

Research Methods

This research uses the literature review method. This means carefully reading and analyzing information based on journals, articles, and official websites to check whether the information produced is relevant to the author's research interests. If necessary, relevant data will be collected and references will be collected, analyzed and presented. Literature review using Google Scholar for the last 10 years from 2015-2025. Data is collected from data that is appropriate to the topic of discussion and data that is still relevant to the topic discussed. Data analysis is done by summarizing the discussion of the paper. The analyzed data is displayed in the form of tables that represent the results of the research process and provide findings. The findings are then restated in the conclusion of the research conducted by the author, which is the final result of this research based on data from previous works and research..⁶

Results and Discussion

Domestic Violence (DV)

Domestic Violence The following are some definitions of domestic violence that the author compiled from various sources of literature, namely:

No	Title	Reseach	Definition KDRT
1	Analysis of Juridical	Fitriono,	Sexual violence is any act of

5Setiawan, N. H., Devi, S. S., Damayanti, L., Pramudya, F., & Antony, H. (2024). Understanding and Factors Causing Domestic Violence: A Literature Review.

6Widyastuti, M., Annasai, M. A. A., Maharani, N., & Muzzamil, F. (2024). Literature Study: Factors of Domestic Violence (DV) and its Impact on Children. Well Being: Journal of Psychology, 1(1), 1-10.p 4

	Factors Causing Domestic Violence in the Ponorogo Region	Dkk 2024	violence against a person, both women and men, which results in physical, physical and sexual misery and suffering, whether committed by the husband to the wife or vice versa.
2	Factors of Domestic Violence in Tanjung Batu Village, Tanjung Batu Subdistrict, Ogan Ilir Regency. Based on Article 1 Item 1 of Law Number 23 of 2004 concerning the Elimination of Domestic Violence (UU PKDRT)	Absi & Utoyo 2021	Domestic violence is any act against a person, especially women, which results in physical, sexual, psychological, and/or domestic neglect including threats to commit acts, coercion, or unlawful deprivation of liberty within the scope of the household.
3	Analysis of Factors Causing Domestic Violence	Maulia, dkk 2023	Domestic violence is a universal form of violence that occurs in households regardless of culture, religion, ethnicity, and the age of the perpetrator or victim, and regardless of the family's condition, be it simple, poor, rich, respected or educated.
4	Behind Closed Doors: The Dynamics of Psychological Factors on the Occurrence of Domestic Violence in Women	Supriyad, Dkk 2024	Domestic violence is an act that causes pain or suffering, whether physical, sexual, psychological, or in the form of neglect. These behaviors are often perpetrated against more vulnerable individuals, especially women, by partners or family members.
5	Legal Protection for Women Victims of Domestic Violence in Indonesia	Mestika 2022	Domestic violence is any form of abusive behavior that causes misery and often happens to women who are considered

			weak. Domestic violence does not only affect the wife or husband, but also the people within the household.
6	Correlation of Factors Causing Domestic Violence Using Data Mining Algorithm A Priori	Maulita, dkk 2018	Domestic violence is a problem that often occurs in one's home life. There are 4 types of domestic violence, namely, physical violence, psychological violence, sexual violence and domestic neglect.

Based on the data collected, it can be concluded that domestic violence is an act of violence committed against a person both verbally and non-verbally, which occurs in women and men committed by husbands or wives against their partners, which causes suffering or misery physically, psychologically, sexually, or in the form of neglect. Domestic violence is a universal form of violence that recognizes no boundaries of culture, religion, ethnicity, age, or socio-economic conditions. This behavior often targets more vulnerable individuals, especially women, and can be perpetrated by spouses or other family members. In general, domestic violence includes four types, namely physical, psychological, sexual, and neglect violence, with detrimental effects on victims both physically and mentally. In addition, in Indonesia itself there is a law that regulates domestic violence, which is stated in Law No. 23 of 2004 concerning the Elimination of Domestic Violence (UUPKDRT).

Factors that cause cases of domestic violence (CDV)

Here are some factors of domestic violence that the author compiled from various sources of literature, namely:

No	Judul	Penulis	Faktor- faktor KDRT
1.	Legal Protection for Women Victims of Domestic Violence at the Investigation Level Based on Law No. 23/2004 on the Elimination of Domestic Violence (UUPKDRT)	Wardhani 2021	Domestic violence is more common due to frequent arguments with spouses, infidelity, economic and socio-cultural factors.

2.	Behind Closed Doors: The Dynamics of Psychological Factors on the Occurrence of Domestic Violence in Women	Supriyadi, dkk 2024	At least two causes of domestic violence can be identified. First, internal factors, which stem from the inability of individual family members to adapt to their fellow family members, which causes less capable family members to be exploited and mistreated by them. Second, external factors, which stem from changes that occur in the family environment that affect the attitudes of family members directly or indirectly, and cause them to act exploitatively towards less capable family members.
3.	Analysis of Juridical Factors Causing Domestic Violence in the Ponorogo Region	Fitriyono, dkk 2024	Factors of domestic violence are the culture of the society itself as well as economic factors, infidelity, lack of legal awareness, gender inequality and psychological factors.
4.	The Role of Public Awareness of Domestic Violence in Realizing Household Harmony	Wulansari 2024	Factors that influence the occurrence of domestic violence in Sukawening Village, including low levels of education, economic factors and jobs that do not meet household needs can lead to domestic violence.
5.	Correlation of Factors Causing Domestic Violence Using Data Mining Algorithm A Priori	Maulita, dkk 2018	The cause of domestic violence is not only caused by economic factors but also by infidelity and behavioral factors, bad behavior of a person such as someone who has a high temper, is easily angered, speaks harshly, likes to play gambling, is drunk and easily offended, jealous, and these traits can be quickly influenced to commit violence.

6.	Legal Protection for Women Victims of Domestic Violence in Indonesia	Mestika 2021	From the results of the 2016 SPHPN, it is explained that there are 4 causes of physical or sexual violence against women committed by partners, which include individual factors, partner factors, socio-cultural factors, and economic factors..
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Based on the data collected, domestic violence can be triggered by various interrelated factors, both from internal and external aspects. Internal factors include the inability of family members to adapt to each other, temperament, bad behavior such as gambling or alcohol addiction, and exploitation of family members who are considered weaker. External factors include socio-cultural influences, gender inequality, low levels of education and environmental changes that affect the attitudes of family members. In addition, economic factors such as difficulties in meeting household needs, infidelity, and lack of legal awareness are also major triggers for domestic violence. Based on the 2016 SPHPN data, the four main causes of domestic violence include individual, couple, socio-cultural, and economic factors. These factors show that domestic violence is a complex problem, which requires attention from various aspects to prevent and handle it.

Conclusion

Domestic Violence (DV) is an act of violence committed against a person both verbally and non-verbally, which occurs in women and men committed by husbands or wives against their partners, which causes suffering or misery physically, psychologically, sexually, or in the form of neglect. Domestic violence is a universal form of violence that recognizes no boundaries of culture, religion, ethnicity, age, or socio-economic conditions. This behavior often targets more vulnerable individuals, especially women, and can be perpetrated by spouses or other family members. In general, domestic violence includes four types, namely physical, psychological, sexual, and neglect violence, with detrimental effects on victims both physically and mentally. In addition, in Indonesia itself there is a law that regulates domestic violence, which is stated in Law No. 23 of 2004 concerning the Elimination of Domestic Violence (UUPKDRT).

Domestic violence can be triggered by various interrelated factors, both from internal and external aspects. Based on the 2016 SPHPN data, the four main causes of domestic violence include individual, couple, socio-cultural, and economic factors. These factors show that domestic violence is a complex problem, which requires attention from various aspects to prevent and handle it.

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